

**BUILDING CONFIDENCE IN YOUNG LEARNERS TROUGH INTERACTIVE
ENGLISH LESSONS****Fayzullayeva Naimaxon Dilshodbek qizi****Student of CSPU Department English language and theory****E-Mail: fauxullayevanaima@gmail.com****Kenjaeva Mukhlisa Bakhodir qizi****Scientific advisor: teacher of English language and theory Department****E-Mail: mukhlisa.kenjaeva96@gmail.com****<https://doi.org/10.5281/zenodo.15501499>**

Abstract: This paper explores how interactive English lessons can foster confidence in young learners. By integrating engaging activities such as games, storytelling, group work, and digital tools, teachers can create a supportive environment that encourages participation and reduces language anxiety. The study highlights the importance of student-centered approaches that promote communication, creativity, and collaboration. Findings suggest that consistent use of interactive methods not only enhances language acquisition but also significantly boosts learners' self-esteem and motivation in the classroom.

Key words: Montessori methods, online ESL, English acquisition, self- confidence, teenagers, interactive games, balance, simultaneous.

Building confidence is a key component in helping young learners succeed in acquiring a new language. Children often face anxiety or hesitation when learning English, which can hinder their progress. Interactive English lessons incorporating games, storytelling, group activities, and technology—create a supportive and engaging environment. These methods not only make learning enjoyable but also encourage active participation, reduce fear of making mistakes, and help students build self-esteem. This paper explores how interactive teaching strategies can effectively boost confidence in young learners and foster a positive attitude toward English language learning. Confidence plays a crucial role in a child's language learning journey. When young learners feel comfortable expressing themselves, they are more likely to take risks, engage actively, and develop fluency in English. However, many children experience anxiety or hesitation when speaking a new language. To address this challenge, interactive English lessons provide a dynamic and supportive environment that fosters confidence and motivation. Interactive lessons incorporate engaging activities such as storytelling, role-playing, games, and group discussions, allowing students to practice English in a fun and pressure-free way. These methods encourage participation, reduce fear of making mistakes, and help learners develop a positive attitude toward language learning. Additionally, a supportive classroom atmosphere, where students receive encouragement and constructive feedback, further enhances their confidence. By integrating interactive strategies into English lessons, educators can create an enjoyable and effective learning experience that empowers young learners to communicate confidently and develop essential language skills. In addition, As an English teacher, one of the most fulfilling aspects of the job is seeing young learners enthusiastically participating in their lessons. However, keeping children engaged and motivated can be challenging, especially with the distractions they face today. Interactive and hands-on activities can make a significant difference in capturing their interest and enhancing their learning experience.

The Montessori method places significant emphasis on creating a positive and nurturing learning environment. Similarly, in online ESL tutoring, fostering a positive space is paramount. Begin sessions with warm greetings, encourage open communication, and create a sense of safety that allows teenagers to express themselves without fear of judgment. The Montessori approach celebrates the individuality of each learner. Apply this philosophy to online ESL tutoring by acknowledging and catering to the unique strengths, interests, and learning styles of teenage students. Tailoring lessons to their preferences promotes a sense of ownership, fostering confidence in their ability to succeed. The Montessori method encourages self-directed learning, empowering students to take charge of their educational journey. Apply this principle in online ESL tutoring by giving teenagers autonomy in their learning process. Encourage them to set goals, choose topics of interest, and take initiative in exploring language concepts, thereby boosting their confidence as independent learners. In Montessori education, hands-on materials are central to the learning experience. Translate this concept into online ESL tutoring by incorporating interactive materials. Digital flashcards, interactive quizzes, and virtual manipulatives not only enhance engagement but also provide tangible, interactive tools that contribute to a deeper understanding of language concepts. The Montessori method emphasizes collaborative learning experiences. Foster collaboration in online ESL sessions by incorporating partner or group activities. This not only promotes language practice but also builds teenagers' confidence in expressing themselves in a supportive, collaborative setting.

Constructive feedback is an essential component of the Montessori approach. In online ESL tutoring, offer specific and encouraging feedback that highlights achievements and identifies areas for improvement. By framing feedback as a tool for growth rather than criticism, teenagers are more likely to embrace challenges with confidence. Montessori education emphasizes the practical application of knowledge. Similarly, connect language learning to real-life situations in online ESL tutoring. Engage teenagers in conversations about everyday topics, encourage them to write about personal experiences, and incorporate real-world language use to build their confidence in practical communication. The Montessori philosophy advocates for challenging students within their "zone of proximal development." Apply this principle by offering tasks that are challenging yet achievable in online ESL tutoring. This balance ensures that teenagers experience a sense of accomplishment, boosting their confidence as they tackle progressively more complex language skills. The Montessori method aligns with the concept of a growth mindset, emphasizing the belief that abilities can be developed through dedication and hard work. Encourage a growth mindset in online ESL tutoring by praising effort, resilience, and progress rather than focusing solely on outcomes. This mindset shift contributes significantly to building confidence in teenage learners.

In Conclusion, learners who have high levels of self-confidence tend to have better pronunciation, vocabulary, and grammar skills, which are essential for effective communication in English. Learners who have high levels of self-confidence tend to have better pronunciation, vocabulary, and grammar skills, which are essential for effective communication in English. We know that by increasing confidence, you're allowing the learner to believe they have the potential to achieve and reduce their fear of failing. This motivates them to attend school or college regularly, have better focus during classes, and complete coursework and exams to the best of their ability. With a higher level of self-confidence, one will have a healthier mindset and

approach to failure. They are more likely to cope better when things go wrong, be willing to try again, and may even look for ways they can better improve.

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