

POSITIVE ASPECTS IN THE SOCIAL POLICY OF THE COUNTRIES OF CENTRAL ASIA

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Annotation: Positive aspects in the social policy of the countries of Central Asia are important in the development, stability of the region and the formation of civil society. After these states gained independence, they began to carry out large-scale reforms in the areas of improving the standard of living of the population, developing health and education systems, Activating Youth and women's policies, strengthening social protection. As a result of this policy, the social activity of the population increased, and confidence in the state among citizens was strengthened. In the process of building social equality, stability and a healthy society, the development of digital services, the provision of targeted assistance and the management system based on the principles of transparency have set the stage for positive changes. In this thesis, detailed opinions and reflections on the positive aspects in the social policy of the countries of Central Asia are kept.

Keywords: *Central Asia, Social Policy, positive aspects, health, education, social protection, youth policy, sustainability, civil society, reform, digital services.*

The social policy of the Central Asian states is important as the basis of the stability, development and well-being of the region. The social policy of these states is mainly aimed at developing human capital, ensuring social justice, responding to the social needs of the population and forming a positive relationship between the state and society.

After the independence of the Central Asian countries, a gradual abandonment of the centralized model left over from the Soviet era, each state is pursuing a policy based on its national characteristics, economic capabilities and social needs. In this process, social policy promotes one of the most important factors in society – human interests and values as a priority. Political decisions in areas such as education, health, social protection, labor market regulation, poverty alleviation, youth and women support ensure social stability.

Another important aspect of social policy is that through it, the state practically manifests its obligations to citizens. For example, the availability of necessary support and support mechanisms for disadvantaged citizens, the elderly, the lonely or socially vulnerable groups increases confidence in the state



among the population. At the same time, through the development of educational and health systems, the potential of the younger generation is revealed, which serves for long-term progress.

Today, the governments of Uzbekistan, Kazakhstan, Kyrgyzstan, Tajikistan and Turkmenistan strive to organize social policy on the basis of modern standards. Approaches such as digitization, improving the quality of social services, providing targeted assistance and encouraging the population to participate actively are gaining relevance in this. In this way, social policy serves not only as a means of meeting the daily needs of the population, but also as a means of strengthening social solidarity in society, realizing human potential and forming civil society.

Through reforms in several social sectors, health, education, employment and social protection systems have been improved. In Uzbekistan, social policy based on the principle of "for the sake of man" has been made a priority of state policy. Through this, the mechanisms of social assistance were expanded and the system of providing material and social assistance to the needy segments of the population was automated. In Kazakhstan, within the framework of the "2030 strategy", complex programs for the modernization of the educational and medical system are being implemented, which is considered as an investment in human capital.

Many programs are being implemented in Tajikistan in cooperation with international organizations regarding poverty reduction, especially the development of social infrastructure in rural areas. Kyrgyzstan, on the other hand, focuses on encouraging active participation of citizens in social life by strengthening civil society institutions. This country is developing a social partnership between the state and the non-state sector.

Special attention is paid to young people in the countries of Central Asia. Opportunities are expanding for them to get an education, get a job, and start entrepreneurship. At the same time, the legislative framework is improving towards supporting women, strengthening gender equality. Important measures are also being taken in these states in order to form a healthy lifestyle of the population, ensure environmental safety and improve the living environment. They seek to improve the quality of life of citizens through reforms in the social sphere while maintaining the stability of domestic policy.

The positive aspects of the social policy of the countries of Central Asia are important factors that directly affect the development of the region. The main positive aspects of this policy, first of all, serve to develop human capital,





increase the well-being of the population and ensure social stability. These aspects affect the following:

First, the reform of the educational system and the creation of favorable conditions for all layers leads to the development of youth potential, the maturation of educated, competitive personnel. This sets the stage for long-term economic and technological progress.

Secondly, the emphasis placed on the health system serves to improve the health of the population. Quality and mass availability of medical services prolongs life expectancy, ensures active participation of the working population.

Thirdly, the strengthening of social protection systems reduces the level of social inequality. The opportunities created for the underprivileged, citizens with disabilities, loners and people of retirement age strengthen the trust between the state and society.

Fourth, a special focus on youth and women's politics increases their activity in society, encourages active participation in social life. This serves to form and strengthen civil society.

In addition, the improvement of social services on the basis of digital technologies, the provision of targeted assistance and transparency serve as an important factor in the fight against corruption. Thus, positive aspects of social policy have a positive impact not only on the standard of living of the population, but also on the economic, political and cultural development of the entire region. The exchange of experience and increased cooperation in the field of social policy between the countries of the region is the key to overall stability and progress.

In conclusion, the social policy of the countries of Central Asia is an important factor determining the future of the region. Reforms aimed at improving the quality of life of the population, approaches based on the principles of social justice and equality, strengthened citizens' confidence in the state. On the way to maintaining regional stability, ensuring progress and building a modern society, positive aspects of this social policy are of strategic importance.

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